

Week of _____

Our Menu



This folder contains eight Weekly Menu templates which can be used to inform parents about your meal and nutrition plans for the week.

Seven of the forms feature core messages for the mothers of preschoolers, developed and distributed by the United States Department of Agriculture.

For more information about Core Nutrition Messages, visit the USDA's website at <http://www.fns.usda.gov/fns/corenutritionmessages/Messages.htm>.